

REGISTRATION FORM

Please consider registering online at www.aulneau.com
Online invoicing and payment available

Name: _____

Agency/Organization: _____

Address: _____

City: _____

Province: ___ Postal Code: _____

Email: _____

Phone (h/c): _____

Phone (w): _____

*Please note lunch is included in this conference

TYPE OF REGISTRATION	PRICE	QUANTITY
Individual 2 Day	\$300	
Individual 3 Day	\$350	
CFS Agency 2 Day	\$250	
CFS Agency 3 Day	\$300	

PAYMENT METHOD

Cheque Invoice* Credit Card Cash

Total: \$ _____

Card Number: _____

Expiry Date: _____

Invoices will be emailed to email addresses provided above. Please ensure your invoice reaches the appropriate person for remittal of payment

Would you like to be added to our electronic communication list?

Yes No

ABOUT THE PRESENTER



LORI GILL
M.A., CTS

Lori Gill, founder and clinical director at the Attachment and Trauma Treatment Centre for Healing, is a Registered Psychotherapist, Certified Trauma Specialist (CTS), trainer, Consultant Supervisor for the National Institute for Trauma and Loss in Children (TLC), and former psychology professor with 18+ years of experience working with children, youth, and adults in various professional settings. Her diverse background has provided her a wealth of skills in the areas of trauma, attachment, mental health, compassion fatigue prevention, addictions, eating disorders, wellness and education. Lori combines her professional experience with her love for learning resulting in trainings which are a rich culmination of research, evidence-based and best-practice treatment models, and techniques to bring you leading edge, practical, and integrative trainings. Lori has had the honour of presenting for many Indigenous-based practitioners, agencies, and communities and this is an area of passion for her due to the pervasiveness of the trauma inflicted upon Indigenous peoples.

LEARNING OBJECTIVES

- Trauma-Informed Care
- The Neuroscience of Trauma, Addictions, and Health Outcomes
- Boundaries, Self-Compassion, and Healthy Relationships
- Assessment, Safety, and Stabilization Tools
- Sensory Regulation: Techniques to Promote Regulation and Build Attachment Relationships
- Burnout, Compassion Fatigue, and Vicarious Trauma



INTERSECTIONS: THE INTERPLAY BETWEEN ADDICTION, MENTAL HEALTH AND TRAUMA WITH LORI GILL

MAY 29 & 30, 2018
9:00 AM TO 4:00 PM
CANAD INNS TRANSCONA
826 REGENT AVE. WEST

Benefits of Trauma-Informed Care

Some of the benefits of becoming trauma-informed may include:

- An increase in safety of staff and consumers/clients
- An improved organizational culture that offers a safe and supportive environment for all
- Care for the caregivers, thereby reducing risk for compassion fatigue and vicarious trauma
- Improved quality of service
- A reduction in negative encounters and events
- The creation of community of safety, health, wellness, recovery, and empowerment
- An increase in productivity, job satisfaction, and enhanced workplace environment

TRAUMA LENS

The training fosters an understanding of people that shifts away from the more stigmatizing and shame-inducing, “what’s wrong with you?” to a more compassionate and accurate “what’s happened to you ?” and, most importantly, to “what is possible in terms of healing and moving forward?” This lens promotes the recognition that people become hard-wired and primed to react unconsciously in self-protection, in either rigid/ constricted or chaotic ways in anticipation of threat or pain, as opposed to how they might want to respond. Adopting a trauma lens means that we understand that it is not that people don’t want to respond a certain way or change certain behaviours, but that they can’t at the present moment without the proper internal skills and supports in place.

This perspective recognizes the trauma is co-morbid with and masquerades as a number of other mental and physical issues, and that a core awareness of its differential diagnoses is crucial in order to ensure effective assessment and treatment planning. A trauma lens also emphasizes the importance of slowing down the pace of treatment to allow for the safe, titrated externalized expression and completion of self-protective emotional and motor responses, and for the development of self-regulation, containment, embodied presence, identity development and agency. Herman (1997) indicates that working with complex trauma can be challenging due to its oscillating and dialectical nature, and that a comprehensive awareness of trauma and its impact should be known before engaging in trauma interventions. While this is certainly true for trauma-specific practices and practitioners, holding an understanding of the neurobiology of trauma and attachment is just as important for people and organizations that are not providing trauma treatment but are still wishing to become trauma-informed.

ABOUT AULNEAU RENEWAL CENTRE

The Aulneau Renewal Centre is a registered bilingual Not-for-profit organization located in St. Boniface, Winnipeg. It was founded in 1979 as a Mission of the Missionary Oblate Sisters of St. Boniface.

MISSION

The mission of Aulneau Renewal Centre is to empower personal growth by providing compassionate counselling and therapy services and by building the capacity of attachment-informed practice through training and education.

